

Area 17 Lifelines

From Your Lifelines Coordinator —

Happy Spring — or should I say Winter? With this weather it's hard to tell. But no matter what the weather the Lifelines will be published.

I hope you enjoy this edition and share it with others in the program. This is your newsletter so be sure to send in sharings and encourage others to do the same. And thanks to all who have sent in articles. You really don't want me to have to fill all the space.

Marilyn D. [REDACTED],
Lifelines Coordinator

Dates to Remember:

2017

AWSC: 1/28; 6/3; 9/23

Assembly: 3/4; 7/8; 11/11

2018

AWSC: 1/27; 6/2; 9/22

Assembly: 3/10; 7/14; 11/10

AWSC Location:

Carvel Club, 4627 Carvel,
Indianapolis, IN

Assembly Location:

Benedict Inn,
1402 Southern Ave,
Beech Grove, IN

Area 17 Literature Depot

E-mail your orders to: Literaturedepot@yahoo.com

Mail orders to:

Indiana Literature Depot
Brenda D. [REDACTED]
2383 Price Drive
Anderson, IN 46012-9270
Phone: 765 621-5095

Hi Everyone,

Assembly sales were good and I can't wait for Convention 2017.

New book (Paths to Recovery Workbook) is out! I will have plenty of them at Convention.

Looking forward to seeing you then,

Brenda D. LDC.

Alateen Coordinator

The Alateens had our lock-in the night before the March Assembly. This has become an annual tradition and we have so fun. We have a speaker, meetings, workshops, fun, and food. I do insist on lights out at 5:00 AM so we can attempt to have a little rest before a full day of business at Assembly. Thank you to all of the amazing sponsors we have that help to make it a success. Next year, Speedway Alateen group is going to be hosting it.

In 2016 there were three new Alateen groups started in Indiana – Mishawaka, Shelbyville, and South Bend. That puts us now at 14! I am so excited to see Alateen in Indiana growing again. Even though some meetings may be small, they are there and available to those that want and need it and that is wonderful.

It's recertification time! DR's need to complete criminal background checks on all of the AMIAS' in their districts. Some of you have already sent me that information. (Thank you!) Please have everything emailed to me by the end of April. I will be checking the AMIAS training logs to assure everyone has had their training done within the past three years. If anyone has any questions, please e-mail me.

Indiana Alateens are hard at work planning KOMIAC XLVIII. This year it will be in Terre Haute at Indiana State University. It is scheduled for July 28, 29, and 30. Indiana teens planning the event will be arriving at ISU on Thursday afternoon to get everything set up for our guests. During this time, we will be celebrating 60 years of Alateen!!!

A special edition of VOICES will be sold at the convention in April. In this issue teens and sponsors have written to share information with you about their experiences with KOMIAC. All proceeds help to fund this year's KOMIAC. Another fundraiser we will have there is a special piece of artwork donated by one of our very own Alateens.

I know of a few groups that are passing the basket a second time to help the teens put on this conference. We sincerely appreciate it. KOMIAC simply would not be possible for many without your kindness and support of prayers, encouraging words, and financially. We have a lot of supplies to buy and this helps immensely. Supplies we need include things like plates, cups, plastic ware, nursing supplies, batteries, markers, and poster boards to name a few. While everyone attending brings at least one item for the hospitality room, we have to buy coffee and water plus lots of bread and peanut butter. (A KOMIAC tradition is the peanut butter sandwich break immediately following the Saturday night dance.) This year we need your help in one other way. We are asking you to help us at the conference on either Friday or Saturday night if you are within driving distance.

Every teen that attends has a service responsibility. Teens 12-14 work to keep the hospitality clean, stocked, and organized. Teens 15 and older are responsible for security. They do this around the clock. There are always some sponsors up keeping an eye on things too, especially for those security posts that are outside. That is why we, the adults, get little to no sleep. I found out a year or two ago that Kentucky uses AMIAS' that come specifically to help with these things so that their sponsors at the event can stay rested and alert plus be present at all activities. If this is something you would be willing to help us with, please talk to your DR and start the process to get certified. We simply cannot have too much help! Our trainer is willing to travel to other districts if there is a significant number of people willing to attend. I will be reaching out to all certified in the next few months to put together a volunteer schedule.

If you have ever thought of starting an Alateen group or helping out one of your local groups, this KOMIAC is an EXCELLENT opportunity for you to try it out. Get certified, get registered, and come join the fun. If the committee in your head has been discussing whether or not you should do it, just take a leap of faith and give it a try. Spending this weekend with us is not a lifelong commitment, it's only a 3 day one. It is a great way to quiet the committee. I firmly believe that the Sunday morning Assembly meeting is one of the most beautiful, touching, and heartwarming experiences I have had since I first walked into the rooms of Al-Anon.

Peggy N
Indiana Alateen Coordinator

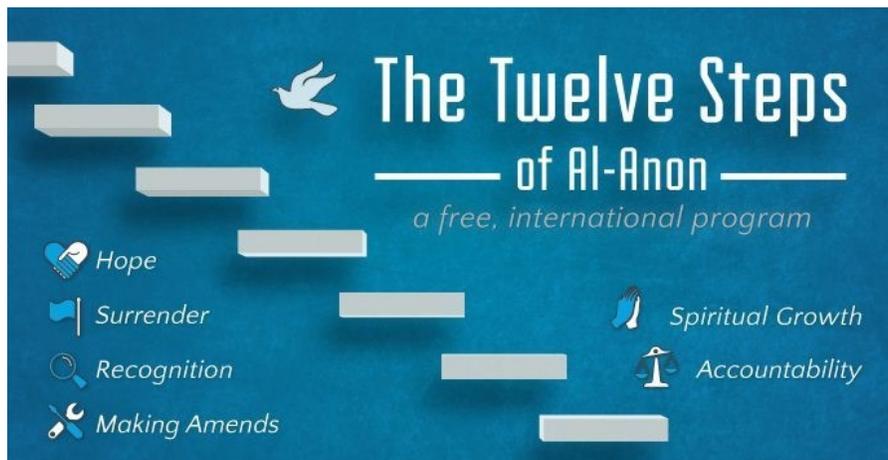
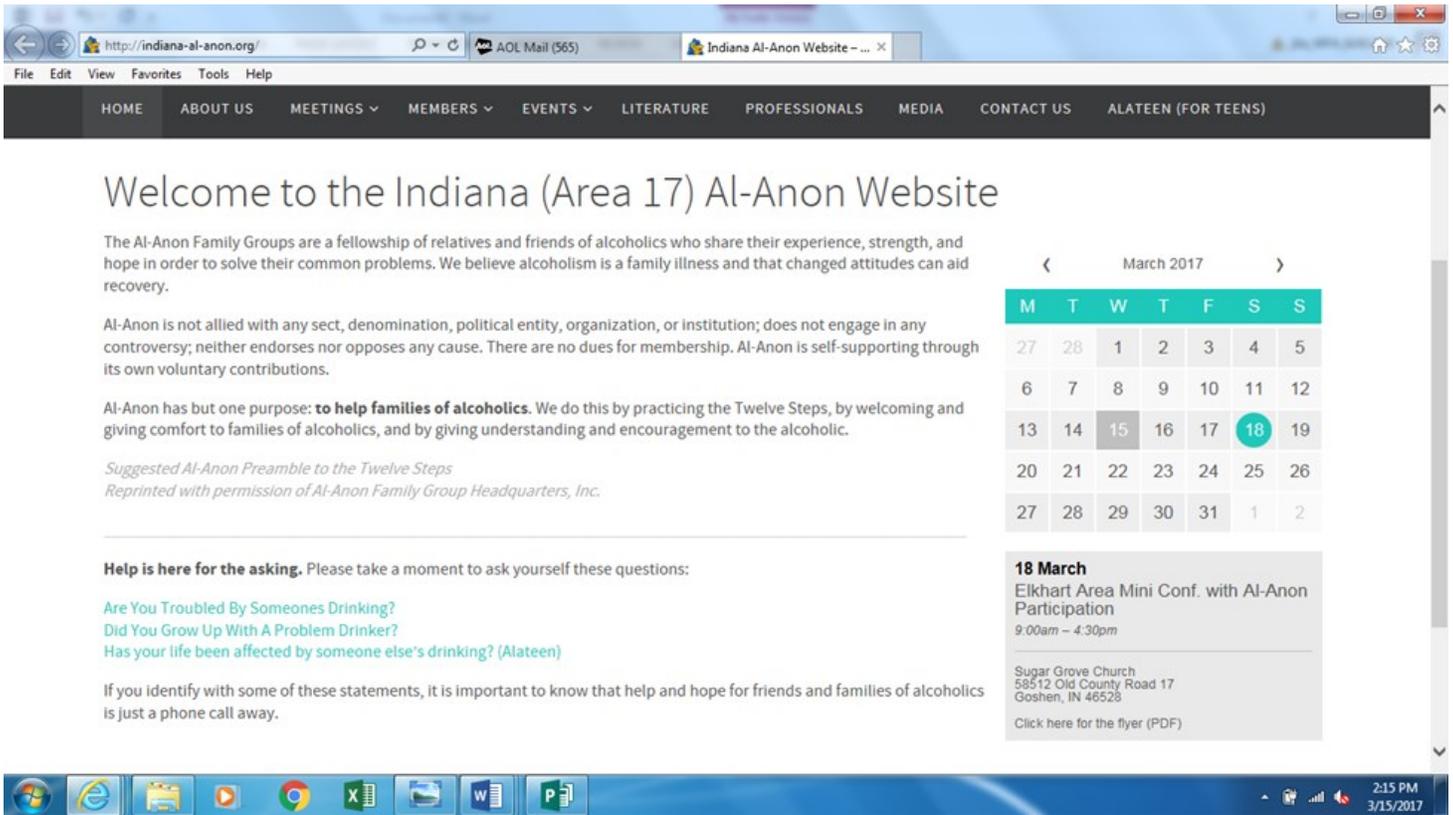
AREA WEB SITE

The Area website has been updated with a new events calendar on the Home page and under the Events tab. If anyone has any Al-Anon events they'd like posted on the website, please email them to webmaster@indiana-al-anon.org.

To check out the Area website, visit: <http://indiana-al-anon.org/>

Thanks!

Kim H, Area Web Master



2018 Convention Report

Districts 1, 2, and 5 are hosting the 2018 Convention. The date is May 18-19-20, 2018. The location is at the Courtyard Marriott, 150 Fairington Avenue, Lafayette, IN. We have signed the hotel contracts, and we have begun to fill committee chair positions. The hotel is very nice with a beautiful courtyard, and the food will be provided by the hotel's very own chef! We will have a save-the-date flyer at the April 2017 Convention.

Konie H., Chairman

Public Outreach Report

I represented Al-Anon and Alateen with a booth at the Kids Count Conference in Indianapolis Nov. 29-30, 2016. I had never been to this conference before, there were 1400 registered, and the conference provided me with a list of 800 people who were OK with giving their contact information to the exhibitors. I gave out meeting lists for Al-Anon and Alateen and literature, including 65 Al-Anon Faces Alcoholism. A few people said it was easier to find Nar-Anon than Al-Anon and were glad to get our literature and meeting information.

A representative for Fairbanks visited my booth and I explained Al-Anon to her, she was very glad to learn more about Al-Anon for the families of the patients at Fairbanks and took some literature. The conference had a good amount of time for the participants to visit booths, breakfast and snacks were provided in the exhibit area to attract people to the booths. I gave out a lot of literature and meeting lists.

Ginny J. [REDACTED], Public Outreach Coordinator

Indianapolis Information Services' Strategic Plan—Marketing IIS

Nearly 31 years ago the three Districts in the Indianapolis area (8, 9, &10) decided to come together to form Indianapolis Information Services (IIS) in order to provide literature and information to groups and individuals in the Tri-District area. The Indianapolis Literature Depot, 24/7 phone line, list of Indianapolis-area meetings, and public outreach are services **provided** by IIS. One of the key elements of our strategic plan is to market the IIS services so all groups in the Indy area are aware of and use them.

Following are two current activities:

Highlighting a book from the Indianapolis Literature Depot each quarter—the title is chosen by one of the IIS Board members or GRs and they write a brief description of why the book is important to them. We hope this will help members better understand the wonderful CAL literature we have! Attached is the description of the first title we're highlighting, *As We Understood*.

IIS logo contest: IIS needs a logo that will express our mission and our services in a visual way. We are currently conducting a contest for anyone who would like to submit a potential design. Please send your designs to Marie A. at abb976@msn.com, Winner will receive a \$25 credit at the Indianapolis Literature Depot!

Marie A, District 9 Representative

Area Chairperson

Hello Indiana Area 17,

I've just returned from the North Central Regional Delegate's Meeting (NCRDM) in Michigan, and I'm so glad I attended! I now have more instant friends in program and service. I asked a lot of questions and listened a lot as well. It gave me even more insight to the workings of the World Service Office. Plus, we had a lot of fun! I am so grateful to our Past Delegates; Mari Lee, Roberta and Theresa, for staying active in service at the Area level.

I am currently looking at shortening the time for policy reviews so they don't take up so much time. This will hopefully give us more time for Coordinators and District Representatives to give their reports, and I also want to start including more educational (but fun) workshops, games, skits and discussions.

I can't believe it is my third year as Area Chair and I am still learning a lot. I look forward to seeing all of you soon!

Love in the fellowship,

Miriam B.

DR REPORTS

Greetings from District 11!

We held a district meeting on Feb 4. Our district is one of the hosts for the upcoming AFG Convention to be held April 7, 8, and 9 at The Blue Gate Garden Inn in Shipshawana. We have been working hard to make sure that we have a great convention. It's hard to believe that after having planning meetings for 2 years, convention is only 3 weeks away! Don't forget to donate baskets for raffling and to bring items for the hospitality room. Several of the speakers are from our district. Looking forward to hearing them share their stories. We can't wait to see you there.

Our district would like to give a great big Thank You to Joyce C for stepping up to be the new Area treasurer. It's not a job everyone is up for, but she is willing and wanted to serve us. Thank you Joyce! And thank you Julianne V for your service too and helping Joyce with the transition.

I can't say enough about service. It gets us outside of ourselves and is always a learning experience. For me personally, I feel it has broadened my horizons and been instrumental in saving my serenity at times. And I want to give back to the fellowship that has brought me friends, happiness, wholeness and serenity.

Until next time...

Peggy D, District 11 Representative



News from District 5:

Six members from District 5 attended the March 4 Area Assembly, and all attended the 2018 Convention planning meeting.

We had good attendance at our February 4 District Meeting. The majority of our meetings are keeping steady in their attendance numbers.

On February 22, our District hosted our annual workshop: the topic was forgiveness. Both Al-Anon and AA participated. Attendance was the largest we've had at a workshop. Forgiveness was a great topic, and we received very positive feedback!

Konie H.
District 5 Representative

District 9 Report:

One of our District goals for 2016 was to develop closer relationships with AA meetings at our meeting locations. One of our meetings held a pitch-in followed by a joint AA/Al-anon/Alateen meeting in January to celebrate the Carmel AFG group's 40th Anniversary. It was very successful with more than 120 attendees. Each group did a reading from their daily reader, then the discussion topic was Gratitude + Favorite Slogans/Tools. Feedback was there was lots of learning between the programs. Next step will be to ask the AA meetings if Al-Anon can provide a speaker occasionally at their meetings.

District 9 has a 2017 goal for meetings to host a Writing Workshop. Smaller groups can combine or larger groups can host one themselves. Several WSO publications need submissions so we want to share our experience, strength, and hope and we hope the workshops will help members feel more comfortable writing their stories!

District 9 will celebrate our 40th Anniversary with a spring dinner, to be held at Fishers United Methodist Church on Saturday May 6. We have a pitch-in dinner with the District providing meat, drinks, and paper products, then we have 2 speakers. Since it's the Al-Anon District's 40th and Alateen's 60th Anniversary, we plan to have an Al-Anon and Alateen speaker.

Marie A., District Representative

Hello from your Delegate

The big news from 2016 is the increase in contributions. For the first time ever contributions exceeded two million dollars! Contributions for 2016 were \$2,098,098 which reflects an increase of 27.21% from 2015. The increase was \$448,761 over last year. This increase allowed monies to be returned to the reserve fund. The General Fund had a gain of \$88,153.00. Literature sales were slightly above 2015 at \$3,337,651.00. Forum subscriptions were up 9.18% which is thought to be reflecting subscriptions purchased after suspension of complimentary group copies. Actual operating expenses were down slightly from previous year. Reserve fund balance as of December 31, 2016 was \$5,135,790.00.

Road Trip! You and Your Board Connect (formerly Meet the Board) will be in Aurora, Colorado on Saturday October 21, 2017.

The 2018 Al-Anon International in Baltimore Maryland on July 5-8 will be “Celebrating One Day at a Time”. Registration fees have been established:

Before December 31, 2017	130.00
Before May 31, 2018	165.00
After May 31, 2018	195.00

The website for information will be:

www.al-anoninternationalconvention.org

In an effort to decrease budgeted expenses, reduce costs and use technology the finance committee approved several cost cutting measures. The complimentary printed copy of the World Service Conference Summary P-46 will be discontinued. A digital copy will be available online and printed copies may still be purchased. Complimentary copies of Service Manual P24-27 in English, French and Spanish will be discontinued beginning in 2018. Digital copies will be online and printed copies will be available for purchase. All newly registered groups will still receive a complimentary copy as a part of the registration process. How Al-Anon Works for Families and Friends of Alcoholics B-32 which is softcover version used as an outreach tool ends as a project. The softcover book however will still be available for purchase at \$6.00.

In an effort to make it easier to purchase eBooks and audiobooks WSO has established a hyperlink from the Al-Anon online store that will take you directly to the vendor’s websites.

Indiana has once again been chosen as one of the twelve finalists to do a bid presentation for the 2023 Al-Anon International at the close of this year’s World Service Conference.

As always, I would love to come visit your district or your meeting and bring news from WSO or tell you my personal story.

Brenda L [REDACTED]

Delegate Panel 55

Remember:

You are not alone and there is always hope.



Find A Meeting

Forum Coordinator Report

The Forum magazine is written by Al-Anon members for Al-Anon members. If you are not familiar with it yet, you can read three sample articles on the World Service Office (WSO) website at <http://www.al-anon.org/the-forum-magazine>.

WSO is looking for articles written by members that live in, you guessed it, Indiana! They are particularly in short supply of sharings on Steps Five through Twelve and any of the Twelve Traditions or Twelve Concepts of Service. They also want sharings from Alateen members. Jot down something you learned or a story from your recovery and mail to 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617, email to wso@al-anon.org, or submit on the WSO website, <http://www.al-anon.org/members-site>. Click "Send your sharing" in the right column. Don't worry about spelling or grammar; they have proofreaders for that. Just write from your heart.

So, what is your favorite Forum article? Is it about a slogan or a step? Does it talk about letting go or sponsorship? The WSO wants to know what your favorite articles are for the new book of Forum favorites. Let the WSO know the name of your favorite article (s), the Forum issue (month and year) and page number. Label your submission "The Forum Book." Send the name and issue information to WSO at the address or email listed above or call at (757)563-1600. A compilation of our best articles will be a desirable addition to our book resources and a sweet gift idea!

Joyfully serving our fellowship,

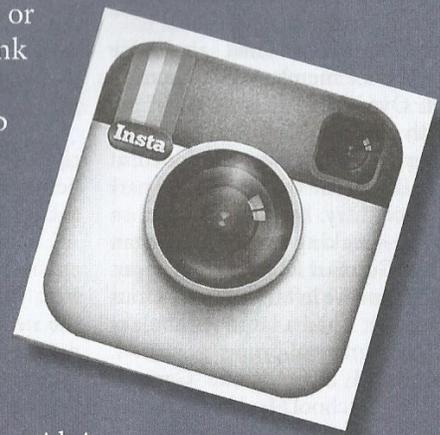
Roberta H. [REDACTED]

Forum Coordinator, 2015-17

Now carrying the message on Instagram!

The WSO recently launched the official Al-Anon Family Groups Instagram account. Would you consider joining us in this public outreach effort? By following and liking AlAnon_WSO posts on Instagram, you can help carry the Al-Anon message of hope to many people, including young adults, affected by someone else's drinking who may not have heard about the support that Al-Anon offers. Find us on Instagram by searching for "AlAnon_WSO," or by clicking on the link located on the WSO Public Outreach web site, al-anon.org.

Please remember to protect your anonymity on social media by not making comments or using screen names that would reveal your Al-Anon membership.



This announcement is informational only as Al-Anon does not endorse any specific social media provider.



My Favorite Al-Anon Literature

To: IIS

From: Linda S [REDACTED]

Date: 2.24.2017

Subject: My favorite Al-anon literature.

I did not have to think too long or hard on this question. All the Al-anon literature has value, but this one touches my heart. OK---Let's see who can figure the answer from the clues.

First edition was printed in soft back only

First edition had no index

Came out in hard back in 1990

It's a small book, there are only 273 pages including the index, Steps, Traditions, and Concepts.

Final clue and hopefully the giveaway...It is a "collection of sharings on spiritual growth".

Drum roll.....

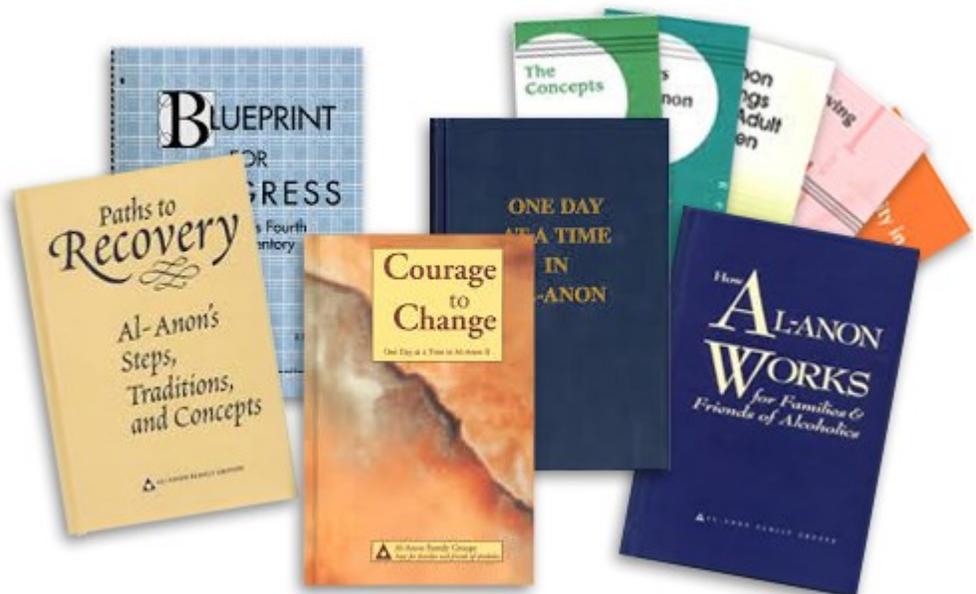
AS WE UNDERSTOOD

This small book is the one I never have to look for, I always know where it is, ready for my use. It is my go to book on bad days, but also on good days. The sharings are short and brief, like, "God is only a prayer away." but say so much, helps my doubt, explains things I do not understand, gives me faith and hope when both are waning

The second to last sharing in Practicing the Spiritual Life (Final Chapter) is the one I pick to read when I shared at the 2013 Al-anon International. This sharing is my visual perception of the Al-Anon program. Read it.... it's on page 252. A person in the audience told me that was not only her favorite book, but her favorite sharing, when she was hugging me. My Higher Power knew I needed the spirituality of the book and program, because I lost a very dear female cousin during this trip. She was the sister that I do not have, and always wanted. I was able to say my good-byes and continue on with my journey due to the love of this 12-Step program.

Hugs in Service,

Linda S [REDACTED]





Location:

Danville Christian Church



Time:

Doors Open 5:00

Dinner at 6:00

Speakers at 7:00



**AA and Al-Anon
guest speakers
following dinner.**



**Fried chicken and
drinks provided**



**Please bring a
covered dish to
share**

APRIL 15

ROAD TO SERENITY GROUP

30th Anniversary Dinner

The Road to Serenity Group is hosting a dinner on April 15 starting at 5:00 p.m. with AA and Al-Anon guest speakers following dinner. There will be fried chicken and drinks provided, please bring a covered dish to share.



**LOOKING FORWARD
TO SEEING YOU ALL
THERE!**

ADDRESS:

**180 W MAIN ST.
DANVILLE, IN 46122**