

# Area 17 Lifelines

## From Your Lifelines Coordinator —

Merry Christmas and Happy New Year!

It's hard to believe that another year is almost in the books. I'm so grateful for this program and the serenity that I've found as a result. Living in a world full of controversy, uncertainty, and cruelty can easily get overwhelming. This program is a lifesaver and a beacon of hope where it is sometimes hard to find it.

As the slogan goes, Keep Coming Back. It is well worth the effort.

Marilyn D [REDACTED],

Lifelines Coordinator

## Dates to Remember:

**2018**

**AWSC:** 1/27; 6/2; 9/22

**Assembly:** 3/10; 7/14; 11/10

**2019**

**AWSC:** To Be Announced

**Assembly:** To Be Announced

### AWSC Location:

Carvel Club, 4627 Carvel,  
Indianapolis, IN

### Assembly Location:

Benedict Inn,  
1402 Southern Ave,  
Beech Grove, IN

## Area 17 Literature Depot

Peggy D [REDACTED]/Indiana Literature Depot  
2832 West 12th St.  
Anderson IN 46011  
765-617-5646  
<[inafglit@gmail.com](mailto:inafglit@gmail.com)>

## Act now, sale ends Dec. 31!

Who doesn't like a sale? - Save half or MORE!!

*Al-Anon Family Groups Classic Edition,  
Discovering Choices, and  
Many Voices--One Journey.*

On sale for \$5.99 — usually \$12, \$15 and \$16.

Now's the time to get one of these titles if you haven't already. They would make a nice gift for sponsees or program friends.

## Literature Depot Coordinator

Greetings! My name is Peggy D and I am your new Literature Distribution Coordinator. I took over the depot in August and am still getting adjusted, trying to learn the ebb and flow of things. The previous coordinator Brenda D, is a friend of mine and has been a big help in the transition. I used to help her a bit so I knew a little of what was involved. She was an inspiration to me and is available to answer any questions I have.

I hope everyone is aware of the books that the World Service Office has on sale for \$5.99 until Dec. 31. They are Al-Anon Family Groups Classic Edition, Discovering Choices, and Many Voices--One Journey. The prices of these books are usually 12, 15 and \$16. So that means half off and more. Now's the time to get one of these titles if you haven't already. They would make a nice gift for sponsees or program friends. Act now, sale ends Dec. 31!

I asked WSO customer service representative Natalie when the 2018 literature catalogs would be available. She said they want to use up the 2017 edition before they print 2018. I want to get a plug in for Natalie and Maddie at WSO. They have been extremely helpful to me and I can't say enough good things about them.

Other WSO literature news- Tom Coffey, Assistant Director of Literature, announced that the 2018-20 Service Manual will not be available until April. It will be released before the World Service Conference. The electronic downloadable version will be available soon.

Please contact me for any orders or questions about literature.

Peggy D [redacted] Indiana Literature Depot  
2832 West 12th St.  
Anderson IN 46011  
765-617-5646  
<[inaflit@gmail.com](mailto:inaflit@gmail.com)>

**Please make checks payable to Indiana Literature Depot. No credit cards accepted.**

Finally. If six months ago someone had told me that I would be running Indiana's Literature Depot, I would have said you're crazy. Oops! Wait! That's what pre-Al-Anon Peggy would have said. I hope Al-Anon Peggy would've used her filter and been more tactful. But here I am! I'm doing it! It's challenging and I wouldn't have it any other way. Everyone who contacts me has been kind and patient and I appreciate it so much. I'd also like to give a big shout out to Joyce C our area treasurer. She has been great in helping me with the financial end of things and been very supportive. So has our chairperson, Miriam and delegate Brenda L. A program friend, Karen L, helped me set up Excel documents for the depot, a big thanks to her too. Saturday Nov. 11 was my first time to do sales at Assembly. Big thanks to Marilee and Terry M for helping me set up. And Trina and Laura for helping with sales. If I forgot to thank anyone, I'm sorry. Thanks to all for being patient and understanding with me that day. I'm learning.

My sponsor and I reasoned out my decision about wanting to serve the depot. She wanted to know if I was doing it because I wanted to and not because no one else had volunteered. Was it on my supposed to list? We talked about me praying over every package I prepare. Praying that the helpful words get to the people that need it. And that's really what it's all about for me. Carrying the message. Thank you for letting me serve.

In service,  
Peggy D

--  
Peggy D  
IN AFG LDC

## AREA WEB SITE

If anyone has any Al-Anon events they'd like posted on the website, please email them to [webmaster@indiana-al-anon.org](mailto:webmaster@indiana-al-anon.org).

To check out the Area website, visit: <http://indiana-al-anon.org/>

Thanks!

Kim H, Area Web Master

---

**Al-Anon and Alateen social media pages:**

**Al-Anon WSO: [al-anon.org/17connect](http://al-anon.org/17connect)**

**Alateen WSO: [al-anon.org/17teensconnect](http://al-anon.org/17teensconnect)**

---

*Celebrating One Day at a Time*

Al-Anon's International Convention 2018

July 6-8, 2018

Baltimore, Maryland

Don't miss it—for more information: [al-anon.org/international](http://al-anon.org/international)



*Al-Anon  
Family  
Groups*



## 2018 Convention Report

The 2018 Al-Anon Convention Planning Committee distributed their registration form at the November 11 Area Assembly and will be available on the state website! Districts 1, 2, and 5 are hosting the event in Lafayette, IN on May 18 – 20, 2018. Our theme is "Gifts of Recovery." The Committee has been working diligently to put together a proposed budget, confirm all speakers, finalize workshop titles, and complete hotel details on food and rooms. We hope you will join us!

Konie H., Chair,  
2018 Al-Anon Convention

**Be sure to see the flyer at the end of this Lifelines!!**

**Just For today...**

**I will not be in charge.**



## Area Chairperson

Greetings Area 17,

November was my last Assembly as Panel 55 Chair, and I want to thank each and every one of you for your support over the last three years. It has truly been an honor and a pleasure to work with all of you, and a special thank you goes out to those who stepped up to fill the vacancies. With each service position I learn more and more about the worldwide fellowship of Al-Anon and how each one of us has an important part in service.

I cannot imagine my program without service and all of the people I have met outside of my home group!

It was good to see a full house at November Assembly. All service positions that were up for election are filled as we get ready to serve on Panel 58. We also celebrated Alateen's 60th Anniversary with cake. I am proud of the Alateen Assembly that we have. I hope you will join me in welcoming the new Alateen Coordinator as Peggy steps down from 6 years of service. What a tremendous job she has done with Alateen in our area!

I look forward to continuing my service journey as your Delegate, and to work with you as we move forward in Indiana Al-Anon and Alateen!

Love in Service,  
Miriam B., Chair  
Panel 55, Area 17



## District 12 Report

Plans for starting up Alateen in District 12 have been ongoing for a few months, and a number of Al-Anons have begun getting ready to be qualified as AMIAS, or Al-Anons in service to Alateen. There are quite a few of us who attended the Alateen training today, and three others have already completed the necessary steps. We hope to have at least one Alateen meeting up and going in early spring (if not sooner).

On November 8, the District participated in the Indiana University Health Fair, held at the Memorial Union on the Bloomington campus. We passed out literature and meeting lists and had an "Al-Anon quiz" at the booth asking if people knew what Al-Anon was, thus sparking conversations and questions. We have found this a good way to reach out to people who don't know about our groups.

Also in the area of outreach, we participated in the local Opioid Summit held in Bloomington in October by having a table with information and literature.

The District Outreach Coordinator has been busy sending out packets of information to the nurse practitioners in our area. These packets consist of a letter explaining what Al-Anon is, our meetings list, and a copy of Al-Anon Faces Alcoholism. This is another part of our effort to reach out to professionals, such as mental health therapists and clergy people. Since beginning this effort, almost all our groups have seen increases in newcomers; our groups are growing!

The 16<sup>th</sup> Annual District 12 Chili Supper will be held on February 24, 2018 at the St. Mark's United Methodist Church in Bloomington, beginning at 4:30. There will be both an AA and an Al-Anon speaker. Come and join us!



## News from District 8:

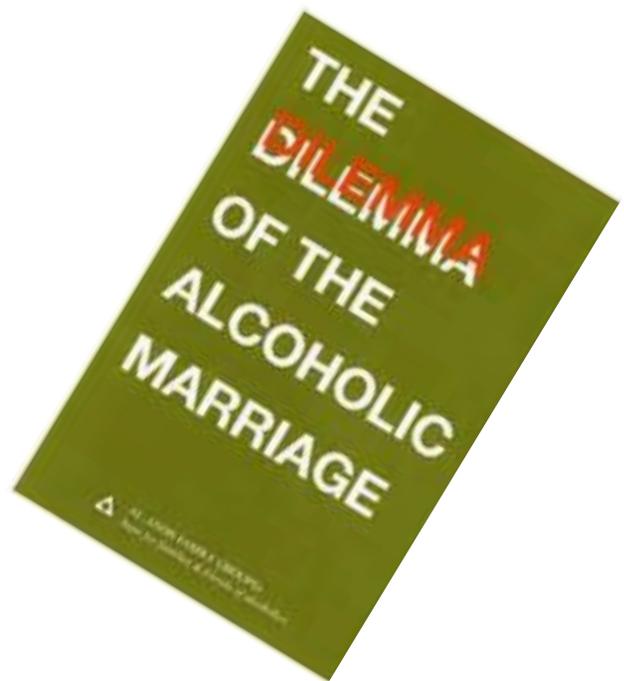
Hello everyone,

This is the end of my 3 year term as DR for District 8. Doesn't seem possible it has been 3 years already. It has been such a rewarding 3 years of Al-Anon service.

I want to thank everyone who helped make these 3 years so wonderful. The leadership, friendship and trust is greatly appreciated. The support of all the GR's in the district is truly humbling. Thanks to their support the District is doing great and continuing to grow.

Service work is such a great blessing of the Al-Anon program.

Love and hugs in service,  
Janice G



## 50th Anniversary

### The Dilemma of the Alcoholic Marriage

- The 1965 World Service Conference voted for a book on marriage problems in families troubled by alcoholism.
- The working title was "Alcoholism and Sex," informally referred to as "our sex book."
- Cofounder Lois W. proposed the title, *The Dilemma of the Alcoholic Marriage*
- This was Al-Anon's 3rd book.
- First published in 1967.
- A revised and expanded edition was introduced in 1971.

## The Delegate Corner

It doesn't seem possible that I've served our Area for five years as delegate. It's been an honor and a privilege to serve this fellowship!

It seems like only yesterday that I was the secretary for our district. I think back about all the service positions I've held over the years and there have been many. It's amazing how service work enhances my recovery. I use so many of the Al-Anon tools in my service journey. I have really learned to use the Traditions and I can see how the Concepts work as well. That being said these legacies can also be used in my personal life. What an amazing journey!

Still serving our Area, I will be Area Chair. The Area Chair appoints the coordinators as necessary. If there is anyone who would be interested in service at the Area level, I would welcome the help. As I always say, "it's not my fellowship, it's our fellowship". As Concept 4 states, participation is the key to success.

I would also welcome any recommendations about our assemblies. What would you like to see at our assemblies? Would you like workshops or more fun things? Is there a way to combine the business with more fellowship? Can we streamline the business portion of the assemblies? Any comments or recommendations, please contact me.

Brenda L. [REDACTED]



## Group Records

When I came into Al-Anon I received hugs at my first meeting. I felt loved—even though I didn't feel lovable. I learned what unconditional love meant. I wanted everyone in my family to have the same wonderful loving feelings that I experienced. I prayed that they would meet positive people like I have met.

It took over 17 years for the prayers to be answered—in a way that I would never have dreamed. My mom went to prison. While in prison, she went to the Al-Anon meetings. I knew some of the volunteers taking an Al-Anon meeting into the prison. Without volunteers, the inmates cannot have a meeting. Mom was getting hugs and was learning about unconditional love.

Early on in Al-Anon, I was taught that "you have to give it away to keep it". When mom got out of prison, I was able to be a volunteer. That was my chance to give back what I was freely given.

Being the Area Group Records Coordinator, I have been blessed to meet several wonderful people. At this past July's Area Assembly I met Claire from WSO. I talked to her about volunteering at the Indiana Women's Prison. A few months later she contacted me to let me know that WSO had some "How Al-Anon Works" books that couldn't be sold due to scratches, scuffs or dents. She sent them to me to take to the prison.

I received a call from Claire not too long ago. She asked if I would be interested in serving as a member of the WSO Public Outreach Committee Task Force. The role of the Task Force is to create a service tool that helps incarcerated Al-Anon members or inmates who are affected by a relative or friends drinking and are getting back in society, eg., have completed their sentence or are being paroled, contact Al-Anon for meeting information when they return to a local community.

I am grateful and excited for this opportunity to help others. I would never thought or dreamed I would be where I am today thanks to Al-Anon.

Beth B.

## Forum Coordinator Report

### I Felt Welcomed and **WANTED**

I remember the first day of visitation when my son was in a treatment center. He suggested that I attend an Al-Anon meeting afterward. It was truly an invitation by my Higher Power to take that giant step forward.

I remember that I listened, I cried and I hugged. I was hooked by something that was said in that meeting, something that I felt, and I went back the next week. Here I am five years later, still going back for more. I never dreamed I would find a place where I felt so welcomed, so loved, so wanted. People encouraged me to "Keep Coming Back."

I found a place where I learned all about myself --- my strengths, my weaknesses, my worth, my sense of humor.

This program is for me. I learned to take care of myself and, in so doing, am a better person. Peace, serenity, happiness, and love are words I use today because they are words that make up who I am.

By Julie B., Florida

Reprinted with permission of The Forum. Al-Anon Family Group Headquarters, Inc. Virginia Beach, VA

---

### How Has CAL Helped You?

To submit an article for The Forum, send your sharing to:

**The Forum**

1600 Corporate Landing Parkway

Virginia Beach, VA 23454-5617

Attention "CAL Corner"

OR

to **WSO@al-anon.org** with "CAL Corner" in the subject line

OR

at **al-anon.org/members**

The WSO website was redesigned this summer. Check it out at [al-anon.org](http://al-anon.org)



# 43<sup>rd</sup> Annual Indiana Al-Anon Convention

Hosted by Districts 1, 2 and 5

## "Gifts of Recovery"

May 18 - May 20, 2018

Courtyard Marriott

150 Fairington Avenue, Lafayette, IN 47905

(Hotel Reservation Information on Back of Form)

### Speakers:

- \*Al-Anon: Betty M., Richmond Heights, OH
- \*Al-Anon: David E., Chicago, IL
- \*Al-Anon: Linda L., Counce, TN
- \*Al-Anon: Denise M. Muskego, WI
- \*Alateen: To Be Announced!!
- \*AA: John M., Hammond, IN

### Workshops:

- \*Early Bird: Cherished Gifts of Recovery
- \*Can There Be "GIFTS" From Life's Losses?
- \*Enjoy the "PRESENT" Amidst the Chaos!
- \*Learning to Love Again!

\*\*\*\*\*Detach and Return With Payment\*\*\*\*\*

Please Print Full name clearly: \_\_\_\_\_

Address: \_\_\_\_\_ Phone # \_\_\_\_\_

Name on Badge: \_\_\_\_\_ I am a member of: Al-Anon \_\_\_ Alateen \_\_\_ AA \_\_\_

Is this your first Convention? Yes \_\_\_ No \_\_\_ E-mail Address: \_\_\_\_\_

Convention Registration: \$25.00 \_\_\_ (Alateen Members do not have a registration fee)

*~~~~~ From the first 100 registrations received two names will be drawn to win a complimentary banquet meal!~~~~~*

**All Food Reservations are due by April 27, 2018. \*\*All Registration Fees and Meal Purchases Transferable / Not Refundable\*\***

Friday Night Root Beer Float: \$5.00 \_\_\_

Saturday Box Lunch: \$10.00 \_\_\_ (sandwich /condiments, chips, apple ice tea or lemonade ) Turkey:\_\_\_ Veggie Wrap \_\_\_

Saturday Night Banquet: \$35.00 \_\_\_ Chef Prepared Buffet of Baked Chicken Breast, beef tips, cucumber salad, tossed salad, linguini, broccoli/cauliflower mix, dinner rolls and a cobbler for dessert. Coffee, iced tea and lemonade to drink.

For special dietary requests, contact Konie H., Convention Chair

Registration:	_____
Root Beer Float:	_____
Box Lunch:	_____
Banquet:	_____
Total:	_____

**Make Check Payable to "AFG Convention 2"**

**Mail with completed Registration Forms to:**

Indiana AFG Convention

P.O. Box 34

St. John, IN 46373

Please complete separate reservation for each registrant

**Hotel Reservation Information**

**Reservations may be made directly** with the Courtyard Marriott Hotel: **765-449-4800**. Ask for **AFG 2018** room rates.

**Reservation Link:**

50 Rooms are being held and available on a first come / first served basis **through April 15, 2018**.

**King Room:** (1 King size bed and Sleeper Sofa) \$119.00 plus tax/gratuity per night. Includes up to (2) hot breakfast vouchers for Saturday/ Sunday

**Queen Room:** (2 Queen Size beds) \$129.00 plus tax/gratuity per night. Includes up to (4) hot breakfast vouchers for Saturday/ Sunday. Additional breakfast vouchers may be purchased for (\$10) per person/ per day.

\*\*\*\*\*Each room contains a refrigerator, microwave and coffee maker\*\*\*\*\*

**Breakfast Buffet:** Eggs, Breakfast Meat, Breakfast Potatoes on 05.19.18, Biscuits 05.20.18, Oatmeal, Assorted Juices and Fresh Brewed Coffee (Regular only). Hotel to provide breakfast vouchers upon Check-in

**\*\*\*\*\*Please Note All Times are Eastern Standard Time\*\*\*\*\***

**All Speaker and Workshop Sessions are open to all attendees. Name badges are to be worn at all sessions.**

**Friday: Registration begins at 3:00 pm** (Detailed Schedule of Week-End Activities Provided with Registration Packet)

**Early Bird Workshop at 4:30pm in the Grand Ballroom**

**Friday Speaker Session begins at 7:30 pm**

**Saturday: Registration Opens at 8:00 am**

Questions? Please contact us!!  
Email: [2018ConvChair@indiana-al-anon.org](mailto:2018ConvChair@indiana-al-anon.org)  
Convention Chair: Konie H.: 765-418-6941

**\*\*\*\*\*Complete Form Below and Return for Each Individual Alateen\*\*\*\*\***

**AFG Alateen Convention Parental Consent Form**

**Parents:** Please read the Convention Parental Consent form carefully, complete, date and sign.

**Teens:** This form must be presented to the Indiana Al-Anon State Convention officials with your registration form prior to you taking part in any convention activities.

**Parents Note:**

The undersigned parent/legal guardian of the teen listed here, hereby grants to the Al-Anon State Convention at \_\_\_\_\_ (location) , while the convention is in session, the right to discipline such teen through any lawful means necessary to assure appropriate behavior in accordance with such uniform rules as the convention committee may agree to be responsible for, and save the committee harmless with respect to charge by the teen for room, or board, or any damaged rooms, or property done by him/her.

Teen's name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

During the convention the teen will stay at: \_\_\_\_\_

Name and phone # of parent/guardian: \_\_\_\_\_

Teen Has: \_\_\_\_\_ does not have: \_\_\_\_\_ medical insurance.

Company & Policy number: \_\_\_\_\_

Regular Medication(s) are: \_\_\_\_\_

I further designate: \_\_\_\_\_ or \_\_\_\_\_ my lawful attorneys in fact to the intent that either of them shall have authority to obtain and consent to needed medical treatment for the child above named in case of accident or emergency, as fully as I myself do, releasing such person(s) from any liability in accordance with his/her best judgment at the time.

**I certify my legal authority to execute this document on behalf of the above named child.**

Parent /Guardian Signature: \_\_\_\_\_

Parent /Guardian Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_