



“Fall” into Conference Approved Literature!

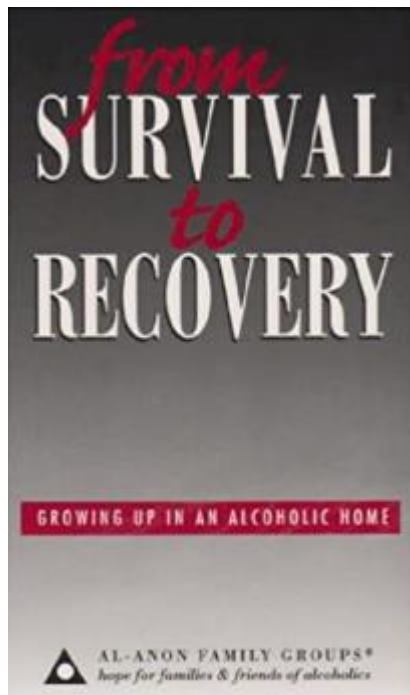
Autumn 2021



From Survival to Recovery:

Growing Up in an Alcoholic Home

B-21, \$16.00



- Al-Anon adult children tell their stories. Explore the long-term effects of being raised with alcoholism, and how Al-Anon can help.
- This book is divided into four sections: Our Many Faces, Beginning to Recover, Climbing the Steps to Recovery, and Healing Broken Childhoods.
- It includes individual chapters focusing on Denial, Trust, Perspective, Faith, Acceptance, Joy, and more.
- Each chapter features an introductory section to the topic, followed by individual stories from members.
- The Experience, Strength and Hope of others can help us to explore our own pasts, to live in the present, and to grow into the future.

Remember, when you purchase from the Indianapolis Literature Depot, you support our local services !