

Give the gift of Conference Approved Literature!

Holiday Season 2022

As We Understood ...

B-11, \$13.00

- This little book (about the size of a daily reader) makes a great gift! For someone else or to treat yourself.
- A collection of Spiritual Insights by Al-Anon and Alateen members.
- Each chapter includes a brief introductory section, followed by submissions from members world-wide.
- Chapters include: Moving Toward a Spiritual Awakening, Concept of a Higher Power, Recognizing Spiritual Awakenings, Letting Go, Prayer and Meditation, and Practicing the Spiritual Life.
- With an index, to easily find readings focused on a specific step or topic. Great readings to share when leading a meeting.
- This book can enhance the eleventh Step, but it is not limited to the eleventh Step! Use this book to explore Spirituality throughout your recovery.

Remember, when you purchase from the Indianapolis Literature Depot, you support our local services!