

Understanding Ourselves and Alcoholism

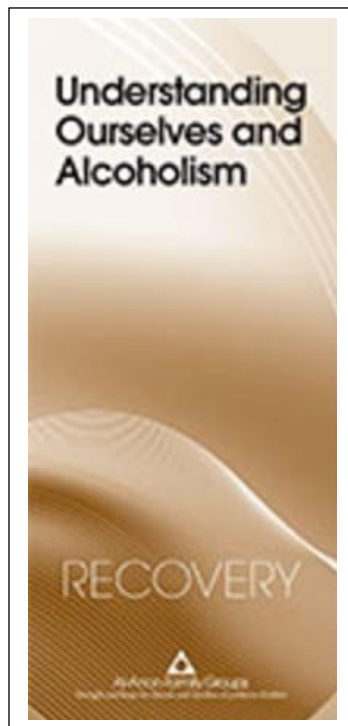
Indianapolis Literature Depot

Pamphlet of the Month

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P-48

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- What is Alcoholism? Who are Alcoholics?
- How alcoholics are affected by:
Compulsion, Addiction, Obsession and Denial
- How friends and family are affected by:
Anxiety, Anger, Denial and Guilt
- Find Help and Hope in Al-Anon Family Groups

Do you have an idea for a "Pamphlet of the Month"?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.