



**NOT EVERYONE  
TRAPPED  
BY ALCOHOL IS AN  
ALCOHOLIC.**

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Families and friends  
are suffering too.

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Do you worry  
about how much  
someone drinks?

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Al-Anon and Alateen  
can help.

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**Indianapolis Information Services and Literature Depot**

**Phone: 317-257-2693**

**Email: [indyldc@Indiana-Al-Anon.org](mailto:indyldc@Indiana-Al-Anon.org)**

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Al-Anon **Family** Groups

Help and hope for families and friends of alcoholics

**888-4AL-ANON • AL-ANON.ORG**