

Al-Anon Sharings from Adult Children

Indianapolis Literature Depot

Pamphlet of the Month

February 2023

P-47

\$0.75



- This pamphlet opens with a brief introduction to the Al-Anon program, including an explanation of alcoholism as a disease.
- The main section features twelve personal stories written by members who grew up with an alcoholic parent.
- The final section features the Twelve Steps, with a paragraph talking about each step. These step explanations are an ideal length to introduce a step as a meeting topic.

Do you have an idea for a “Pamphlet of the Month”?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.