

Spring into Conference Approved Literature!

Spring 2023

The suggested book for this season is:

Alateen's 4th Step Inventory

P-64, \$5.00

- For members of any age: Teens and Former Teens
- Especially suited to visual learners and right-brain thinkers, when compared to the Blueprint 4th Step tools
- Focuses on six aspects of personal growth:

Attitudes

Self-Esteem

Love

Responsibility

Feelings

Relationships

- With an emphasis on Self-Care and Health
- Incorporates slogans, such as:
 Just for Today and Let it Begin with Me.

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