



Al-Anon Family Groups

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For Parents & Grandparents

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Parents of Alcoholics Reprint (**R-18**, \$1) Stories from parents of alcoholics describe their struggle with detachment, responsibility, guilt and letting go. Reprinted from our monthly magazine, *The Forum*.

Opening Our Hearts, Transforming our Losses (B-29, \$16) This book explores coping with the types of loss that are faced by those who love an alcoholic: Each chapter includes stories submitted by members as well as questions for reflection or discussion.

How Can I Help My Children? (P-9, \$0.70) Inspiring stories by parents describe how they helped their children understand the family disease of alcoholism. How Alateen can help.

Parent's Newcomer Packet (**K-24**, \$2) Welcomes those whose child has a drinking problem. Includes *A Guide for the Family of the Alcoholic* (P-7, \$0.35), *Purpose and Suggestions* (P-13, \$0.25), *So You Love an Alcoholic* (P-14, \$0.25), *To Parents of Alcoholics* (P-16, \$0.75), *Understanding Ourselves and Alcoholism* (P-48, \$0.25), *Al-Anon Spoken Here* (P-53, \$0.35), *Alateens Share with the Adults in Their Lives* (P-67, \$0.30), *Information for the Newcomer* (S-4, \$0.25) and the *Just for Today* Bookmark (M-12, \$0.25).

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