

Sponsorship bookmark

Indianapolis Literature Depot

Pamphlet of the Month

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Sponsorship is a confidential relationship between two Al-Anon members who benefit from sharing experience, strength, and hope. The intimate details exchanged strengthen the bonds of compassion, acceptance, and understanding. This private relationship is focused on the Al-Anon principles. Making a commitment to this special relationship, or letting go of the relationship, is a personal choice.

Sponsorship Is:

- A relationship built on equality, anonymity, and trust
- An opportunity for growth – for both the Sponsee and the Sponsor
- A benefit at any stage of recovery
- A commitment to practice healthy communication – not based on intimidation or demands
- An agreement to recover and grow together; not to struggle in isolation
- An opportunity for self-discovery; not a teacher-pupil relationship
- An experience based on unconditional love, not shame or judgment
- A spiritual relationship with no strings attached
- A one-to-one relationship; not an exclusive club



Sponsorship – Working Together to Recover

An introductory paragraph describes the basics of Sponsorship.

This is followed by two sections of bullet points: one about **Sponsorship** and one about **Sponsors**.

Also includes Al-Anon's *four primary ideas*.

Do you have an idea for a "Pamphlet of the Month"?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.