

Spring into Conference Approved Literature!

Spring 2021



The suggested book for this season is:

*Blueprint for Progress:
Al-Anon's Fourth Step Inventory*

P-91, \$9.00

- Includes reflections and inventory questions on 22 aspects of personal growth, such as Anger, Communication, Control, Fear, Finances, Guilt, Honesty, Maturity, Relationships, Resentment, Self-worth, Spirituality, and more!
- Can be a fresh source to introduce any of these themes as a meeting topic.
- While developed as a tool for working Step 4, this workbook can also be helpful in exploring character traits which may be relevant for Steps 6 and 7.
- Includes a checklist of Character Traits.
- A workbook can be used as a Recovery Tool on your own, with a Sponsor, or with a small group.

Remember, when you purchase from the Indianapolis Literature Depot, you support our local services !