Just for Today and Just for Today

Indianapolis Literature Depot

Pamphlet of the Month

January 2024

M-12 and M-13

\$0.25 each





Each bookmark includes recovery suggestions to try "Just for Today", as well as a daily prayer on the backside.

The original blue version (M-12) was developed for adult members, while the red version (M-13) was developed for Alateens. If you haven't yet started to include Alateen CAL with your adult recovery program, this is great way to start.

Start your New Year by trying the featured suggestions on both bookmarks, One Day at a Time, starting Just for Today!

Do you have an idea for a "Pamphlet of the Month"? Send your idea to <u>indyldc@indiana-al-anon.org</u> Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.