

Happy New Year!

Winter 2024

The suggested book for this season is

*Courage to Be Me:
Living with Alcoholism*

B-23, \$13

- Although developed for Alateens, this book includes content relevant for all ages.
- Sharings address:
 - What is Alcoholism?
 - Courage
 - Before and After Alateen
 - Slogans
 - Each of the Twelve Steps
 - Each of the Twelve Traditions
 - Sponsorship
 - Working Toward Solutions
- Each section concludes with a page of questions. These can be used to introduce a meeting topic, or to serve as writing prompts for a journal.

Remember, when you purchase from the Indianapolis Literature Depot, you support our local services!

