

Spring Forward with CAL!

**Spring 2024**

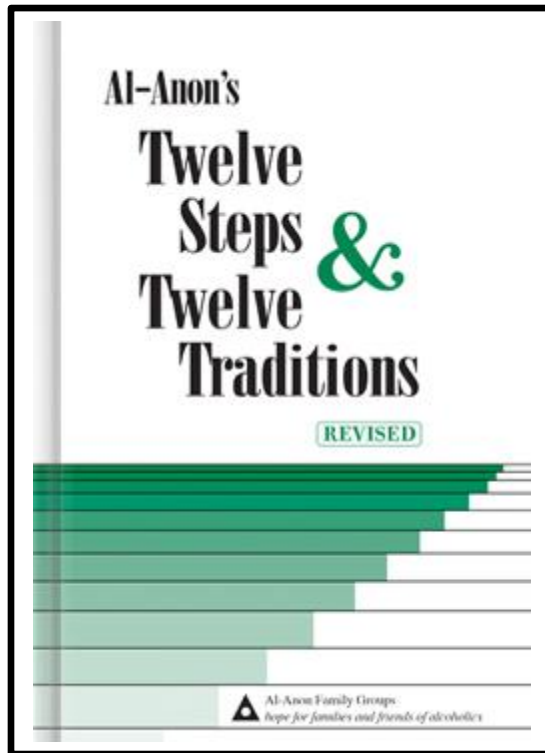
---

*The suggested book for this season is*

*Al-Anon's Twelve Steps  
& Twelve Traditions*

*B-8, \$12*

---



- Includes a chapter for each Step and each Tradition.
- Chapter length is typically around 5-6 pages.
- Each Chapter includes a description of the Step or Tradition, followed by a section for *Thinking It Over*, plus a Personal Story that was submitted by a member.
  - The initial description addresses the “what?” and “how?” of the Step or Tradition
  - The *Thinking It Over* section explores “why?”
  - The Story adds an individual member’s experience, strength, and hope.
- The 2005 Revised Edition still includes the best of the original content (from 1981), as well as some updates!

---

*Remember, when you purchase from the Indianapolis Literature Depot, you support our local services !*