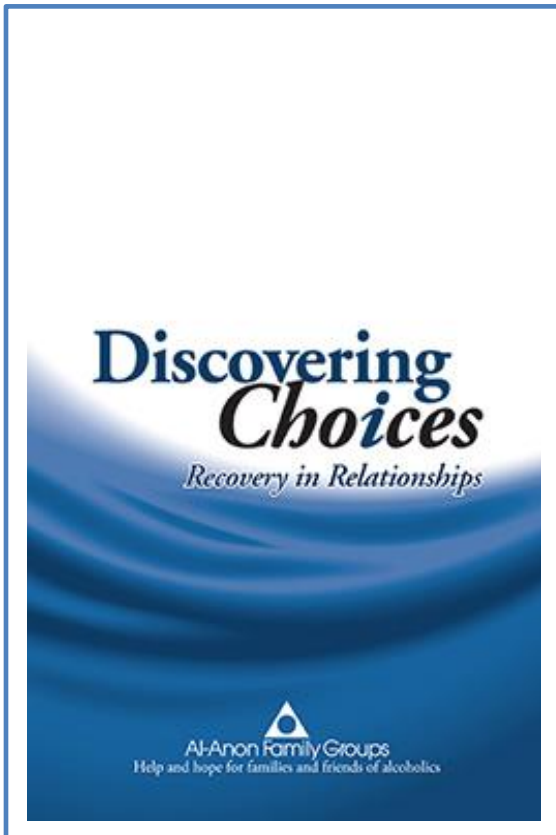


Fall into Autumn!

Autumn 2024



The suggested book for this season is:

Discovering Choices:

Recovery in Relationships

B-30, \$17

- Members share how the tools of the Al-Anon program have improved a variety of relationships.
- Chapter topics include: Knowing Ourselves, Creating Balance, Learning by Example, Detachment with Love, Choosing Happiness, Prayer and Meditation, Meaningful Relationships, and more!
- Each chapter includes Personal Shares and Questions for Discussion. This book can inspire meeting topics, as well as journal entries. Also a good book to work through with others (Sponsor/Sponsee or small group).

Remember, when you purchase from the Indianapolis Literature Depot, you support our local service