

# Arkansas Woman to Woman 2024

## "SWEET SERENITY"

October 19, 2024 • 9:30am – 5:00pm CDT

**SPACE IS LIMITED**



An AA / AFG Virtual / Zoom Event • ZOOM INFO: Meeting ID: 880 4627 7232 • Password: WILDWOMEN

9:30a	Zoom Room Opens		1:30p – 2:20p	<b>Workshop Breakout Session 3</b>
9:45a	Event Kickoff: Welcome & Readings		2:30p – 3:45p	AA Speaker – Tracey S. (Mississauga, Canada)
10:00a – 10:50a	<b>Workshop Breakout Session 1</b>		3:45p – 4:15p	<b>Memories</b>
11:00a – 11:50a	<b>Workshop Breakout Session 2</b>		4:15p – 4:30p	12-Step Guided Meditation – Merp T. (North Little Rock, AR)
12:00p – 1:15p	AFG – Analicia M. (Silver City, NM)		4:30p – 5:00p	Shares from attendees & Closing with the Lord's Prayer

**Attendees choose ONE from the following options. Please have your selection ready as you enter the event.**

### 10:00a – 10:50a Workshop Breakout Session 1

**1-A. Hershey Kisses:**  
*Keep it Simple Sweeties*

Chairs: Andrea McS.  
Corina A.



**1-B. Milky Way:**  
*Grief*

Chairs: Mary Pearl T. & Marie M.



**1-C. Tootsie Roll:**  
*Roll it Over –  
(Negative/Positive)*

Chairs: Carin C. & Laurie B.



**1-D. Red Hots:**  
*Anger –  
Conflict Resolution*

Chairs: Belle K. & Donna M.



### 11:00a – 11:50a Workshop Breakout Session 2

**2-A. MM's:**  
*Meditation & Miracles*

Chairs: Carol S. & BeBe B.



**2-B. Snickers:**  
*Humor*

Chairs: Julia K. & Susie W.



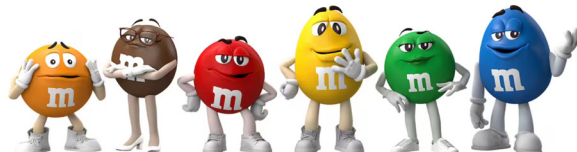
**2-C. Almond Joy:**  
*Finding Joy in Recovery*

Chairs: Debi C. & Joyce C.



**2-D. Jelly Beans:**  
*Fellowship of Equals*

Chairs: Pipa T. & Catherine R.



### 1:30p – 2:20p Workshop Breakout Session 3

**3-A. Assorted Chocolates:**  
*Take What You Like  
& Store the Rest*

Chairs: Lillian S. & Renelle M.



**3-B. Suckers:**  
*People Pleasers*

Chairs: Carletta E. & Jennifer B.



**3-C. Good & Plenty:**  
*Higher Power*

Chairs: Kelsey S. & Jamie A.



**3-D. Life Savers:**  
*Sponsorship*

Chairs: Melissa H. & Jessie L.

