

Happy New Year!!!

## Winter 2025

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*The suggested book for this season is*

*As we understood...*

*B-11, \$13*

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- A collection of spiritual insights by Al-Anon members
- Topics include:
  - Fellowship
  - Moving toward a spiritual awakening
  - Concept of a higher power
  - Recognizing spiritual awakenings
  - Letting go
  - Prayer and meditation
  - Practicing the spiritual life
- Shares members' experience, strength and hope on the various topics
- Pocket sized! Carry this bad boy around everywhere with you for a little dose of Al-Anon whenever you need it. 😊

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*Remember, when you purchase from the Indianapolis Literature Depot, you support our local services !*

