

Purpose and Suggestions

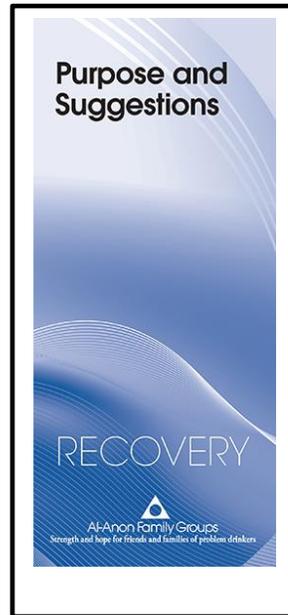
Indianapolis Literature Depot

Pamphlet of the Month

April 2025

P-13

\$0.25



- Al-Anon has one purpose: to help family and friends of alcoholics
 - Offering comfort, hope, and friendship to the families and friends of problem drinkers
 - Providing the opportunity to recover from the effects of the family disease of alcoholism
- Suggestions for Newcomers
 - Learn to accept the disease as an illness that they cannot control
 - Avoid nagging, scolding, complaining and arguing
 - Keep in mind the three C's: you didn't cause it, you can't control it, you can't cure it.

Do you have an idea for a "Pamphlet of the Month"?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.