

2025
Fall Workshop
ALPHABET SOUP

*Recipe for
Serenity*

INDIANAPOLIS
INFORMATION
SERVICES

SATURDAY, OCT 4

10 am – 1 pm

CARVEL CLUB

4627 CARVEL AVE

INDIANAPOLIS, IN

46205

SUGGESTED DONATION

\$10 BUT NEVER

REQUIRED

Topics include:

The 3 A's
Awareness.
Acceptance.
Action.

The 3 C's
You didn't Cause it.
You can't Control it.
You can't Cure it.

The 4 L's
Listen. Learn.
Let go. Love.

The 4 M's
Mothering. Managing.
Manipulation. Martyrdom.

And much more!

**A
C
L
M**

**BRING YOUR SPONSEE, YOUR SPONSOR, AND
YOURSELF AS WE ENJOY OUR FELLOWSHIP AND
SUPPORT INDIANAPOLIS INFORMATION SERVICES!**