

Al-Anon Sharings from Adult Children

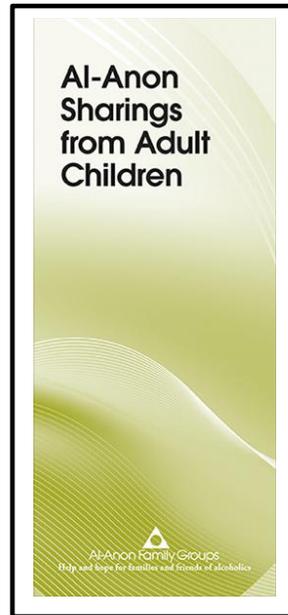
Indianapolis Literature Depot

Pamphlet of the Month

December 2025

P-47

\$0.75



- Sharings from adult children of alcoholics
 - Personal anecdotes from adult children, discussing their struggles with their parents/parent who is an alcoholic
 - Walks an adult child through the 12 steps of Al-Anon from the perspective of an adult child with alcoholic parents
-

Do you have an idea for a "Pamphlet of the Month"?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.