

# *The Al-Anon Focus*

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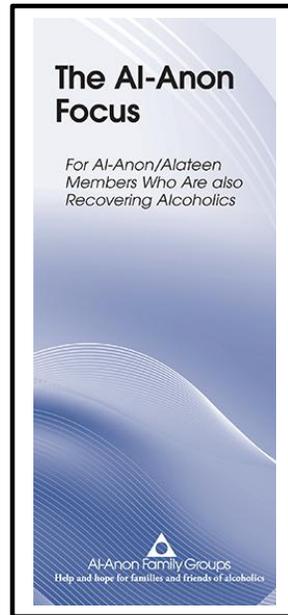
Indianapolis Literature Depot

Pamphlet of the Month

November 2025

P-45

\$0.30



- For Al-Anon/Alateen members who are also recovering alcoholics
- Personal testimonies about detachment
- Discusses how to know that Al-Anon is for you
- Members and their children give personal testimonies as well
- Personal testimonies on how to take your own inventory
- Discusses how to feel more comfortable at an Al-Anon meeting as a recovering alcoholic
- Great pamphlet for a meeting that has a lot of “Double Winners”

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Do you have an idea for a “Pamphlet of the Month”?

Send your idea to [indyldc@indiana-al-anon.org](mailto:indyldc@indiana-al-anon.org) Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.