

Detachment

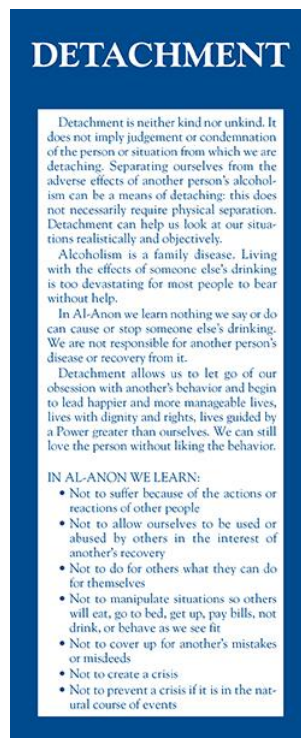
Indianapolis Literature Depot

Pamphlet of the Month

October 2026

S-19

\$0.25



- A foundational piece of our program
 - Learning a new way to look at our situation realistically & objectively
 - Things we can do & not do that help us keep the focus on ourselves
 - A way to begin to lead a happier & more manageable life
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Do you have an idea for a "Pamphlet of the Month"?

Send your idea to indyldc@indiana-al-anon.org Include the code number for the pamphlet, and briefly tell us about the pamphlet and/or why you like it.